

Planning for the Week of _____

Weekly List of Activities by Categories

| | | | |
|-------|-------|-------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
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| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

Daily Things to Do

| Monday | Tuesday | Wednesday | Thursday |
|---------------|----------------|------------------|-----------------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
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| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

Schedule

| | | | |
|-----------|-----------|-----------|-----------|
| 7. _____ | 7. _____ | 7. _____ | 7. _____ |
| 8. _____ | 8. _____ | 8. _____ | 8. _____ |
| 9. _____ | 9. _____ | 9. _____ | 9. _____ |
| 10. _____ | 10. _____ | 10. _____ | 10. _____ |
| 11. _____ | 11. _____ | 11. _____ | 11. _____ |
| 12. _____ | 12. _____ | 12. _____ | 12. _____ |
| 1. _____ | 1. _____ | 1. _____ | 1. _____ |
| 2. _____ | 2. _____ | 2. _____ | 2. _____ |
| 3. _____ | 3. _____ | 3. _____ | 3. _____ |
| 4. _____ | 4. _____ | 4. _____ | 4. _____ |
| 5. _____ | 5. _____ | 5. _____ | 5. _____ |
| 6. _____ | 6. _____ | 6. _____ | 6. _____ |
| 7. _____ | 7. _____ | 7. _____ | 7. _____ |
| 8. _____ | 8. _____ | 8. _____ | 8. _____ |
| 9. _____ | 9. _____ | 9. _____ | 9. _____ |